



**INSIGHT
BUSINESS WORKS**
LEADERS. TEAMS. RESULTS.



Tanya Williamson, Ph.D.

Executive Coach

Leadership Development

Team Building

Dr. Tanya Williamson has been working in the psychological field for over two decades. Through a strength-based approach, she partners with clients to take initiative and to develop specific strategies to create professional and personal fulfillment.

Dr. Williamson conducts team building workshops with an emphasis on improving communication and productivity while creating a culture of trust and respect.

She coaches executives and individuals in life transitions such as promotions and career development. She offers a Positive Intelligence™ (PI) mental fitness course designed to improve productivity, relationships, and increase peace of mind.

Dr. Williamson offers the following personality and leadership assessments: Positive Psychology, Emotional Intelligence, Work Place Big 5, FIRO, 360 and additional customized assessments.

Tanya takes a culturally-sensitive approach as she is committed to helping others grow and develop competencies in the areas of diversity, equity, and inclusion (DEI). She's able to help individuals and teams develop self-awareness, skills, and actions in this area.

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It was a great experience. Tanya was flexible and understanding. My productivity has increased due to the fact that I am able to have more direct and crucial conversations with staff members.

- School Administrator

Specialties

Executive Coaching
Leadership Development
Team Building
Positive Intelligence™
Assessment

Credentials

Ph.D.—Clinical Psychology
Binghamton University

Certified PeopleMap® Facilitator

**Certified in Reliable Coaching
Assessments**

Certified PI Mental Fitness Coach

Affiliations

Central New York
Psychological Association

Professional Experience

VA Medical Center

Syracuse University
Counseling Center

DEIA Administrator

Hospital & Outpatient
Mental Health

Private Practice

Adjunct Professor

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